

# Free Summer Meals & SUN Bucks

For ages 18 and under

There are two great ways to save money and make sure your child eats healthy this summer.

1 First, Free Summer Meals are available for every kid, 18 and under, at schools, parks and other community locations in your neighborhood.

2 Second, there's a new program called Sun Bucks that pays \$120 in food benefits for every eligible child in your family, which can be used to purchase groceries during the summer months.

**Comidas de Verano y Sun Bucks gratis**

Existen dos grandes maneras de ahorrar dinero y asegurarse de que su hijo coma saludablemente este verano.

1 Primero, hay Comidas de Verano gratuitas disponibles para todos los niños menores de 18 años en escuelas, parques y otros lugares comunitarios de su vecindario.

2 En segundo lugar, existe un nuevo programa llamado Sun Bucks que paga \$120 en beneficios alimentarios por cada niño elegible de su familia, y se puede utilizar para comprar alimentos durante los meses de verano.

For meal sites near you and Sun Bucks eligibility requirements, text **FOOD to 509-509**

Para conocer los sitios de comidas cercanos a usted y los requisitos de elegibilidad para Sun Bucks, envíe texto **COMIDA al 509-509**

[FreeSummerMeals.org](http://FreeSummerMeals.org)

**SUN** USDA Washington Office of Superintendent of PUBLIC INSTRUCTION NODIP UNITED WAY

This Institution is an Equal Opportunity Provider.

## Lost your SUN BUCKS card from last year?

Benefits will be loaded onto the same SUN Bucks cards each summer.

Replace yours today:

**833-543-3230**  
SUN Bucks Call Center

**HungerFreeWA.org**

HUNGER FREE WASHINGTON SUN SUMMER NUTRITION PROGRAMS FOR KIDS

### Summer Food Resources

Inside you'll find information about summer food resources. Questions? Contact Lily at [lilyc@ballardfoodbank.org](mailto:lilyc@ballardfoodbank.org) or at 206-360-5515.

Open up for more on the following resources!

- **Free Summer Meals**
- **SUN Bucks**
- \$120 in food benefits for every eligible child in your family to use over the summer)
- **Ballard Food Bank Pop-Up Markets**
- On Fridays in July and August starting on 7/11
- **Ballard Food Bank Hours**
- Visit us this summer!

*A Hub for Hope*

### Ballard Food Bank Hours

1400 NW Leary Way  
Seattle, WA, 98107  
ballardfoodbank.org  
206-789-7800

### Community Market

(1 time per week)  
\* walk in or reserve a time to shop at <https://www.ballardfoodbank.org/reserve> \*

Monday 10-3:45  
Tuesday 10-6:45  
Wednesday 10-1:45  
Thursday 10-6:45

### Kindness Café

(1 time per day)  
Monday 10-3  
Tuesday 10-6  
Wednesday 10-1:30  
Thursday 10-6

### Mail Desk & Resource Hub

Monday 10-3:45  
Tuesday 10-6:45  
Wednesday 10-1:45  
Thursday 10-6:45

# Weekend Food For Kids

## Summer Pop-ups

At Queen Anne Elementary  
2199 4<sup>th</sup> Ave N, Seattle, WA 98109

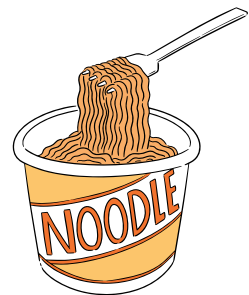
7/11, 7/18, 7/25, 8/1  
From 2pm-4:30pm

At Bitter Lake Community Center

13035 Linden Ave N, Seattle, WA 98133

8/8, 8/15, 8/22, 8/29  
From 12pm-2pm

Join the Ballard Food Bank at a pop-up location to customize a free bag of kid-friendly foods for the weekend.



**Ballard Food Bank**



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